

***2022* GOOD FOOD BOX ORDER AND DELIVERY SCHEDULE**

>HIGHLIGHTED GREEN shows ADDITIONAL order & delivery dates for JULY<

W of 14 St NW / N of Memorial & Parkdale		East of 14 St NW / N of Memorial		E of Deerfoot / N of Memorial	
A ORDER DATE	DELIVERY DATE * WEDNESDAY	B ORDER DATE	DELIVERY DATE * THURSDAY	C ORDER DATE	DELIVERY DATE * FRIDAY
Jan 4	Jan 12	Jan 4	Jan 13	Jan 4	Jan 14
Jan 25	Feb 2	Jan 25	Feb 3	Jan 25	Feb 4
Feb 22	Mar 2	Feb 22	Mar 3	Feb 22	Mar 4
Mar 15	Mar 23	Mar 15	Mar 24	Mar 15	Mar 25
Apr 19	Apr 27	Apr 19	Apr 28	Apr 19	Apr 29
May 10	May 18	May 10	May 19	May 10	May 20
Jun 7	Jun 15	Jun 7	Jun 16	Jun 7	Jun 17
Jul 5	Jul 13	Jul 5	Jul 14	Jul 5	Jul 15
Sep 13	Sep 21	Sep 13	Sep 22	Sep 13	Sep 23
Oct 11	Oct 19	Oct 11	Oct 20	Oct 11	Oct 21
Nov 15	Nov 23	Nov 15	Nov 24	Nov 15	Nov 25

West of 14 St SW / N of Glenmore INCLUDING COCHRANE		Downtown Core / N of Glenmore & E of Deerfoot / N of 50 Ave SE		OUT OF TOWN TO THE EAST OF CALGARY	
D ORDER DATE	DELIVERY DATE * WEDNESDAY	E&F ORDER DATE	DELIVERY DATE * THURSDAY	OT ORDER DATE	DELIVERY DATE * FRIDAY
Jan 11	Jan 19	Jan 11	Jan 20	Jan 11	Jan 21
Feb 1	Feb 9	Feb 1	Feb 10	Feb 1	Feb 11
Mar 1	Mar 9	Mar 1	Mar 10	Mar 1	Mar 11
Mar 22	Mar 30	Mar 22	Mar 31	Mar 22	Apr 1
Apr 26	May 4	Apr 26	May 5	Apr 26	May 6
May 24	Jun 1	May 24	Jun 2	May 24	Jun 3
Jun 14	Jun 22	Jun 14	Jun 23	Jun 14	Jun 24
Jul 12	Jul 20	Jul 12	Jul 21	Jul 12	Jul 22
Sep 20	Sep 28	Sep 20	Sep 29	Sep 20	Sep30
Oct 18	Oct 26	Oct 18	Oct 27	Oct 18	Oct 28
Nov 22	Nov 30	Nov 22	Dec 1	Nov 22	Dec 2

W of Deerfoot / N of Canyon Meadows & Woodridge		E of Bow Bottom & Deerfoot / N of 130 Ave SE INCLUDING OKOTOKS		S of Canyon Meadows / S of 130 Ave SE	
G ORDER DATE	DELIVERY DATE * WEDNESDAY	H ORDER DATE	DELIVERY DATE * THURSDAY	I ORDER DATE	DELIVERY DATE * FRIDAY
Jan 18	Jan 26	Jan 18	Jan 27	Jan 18	Jan 28
Feb 8	Feb 16	Feb 8	Feb 17	Feb 8	Feb 18
Mar 8	Mar 16	Mar 8	Mar 17	Mar 8	Mar 18
Mar 29	Apr 6	Mar 29	Apr 7	Mar 29	Apr 8
May 3	May 11	May 3	May 12	May 3	May 13
May 31	Jun 8	May 31	Jun 9	May 31	Jun 10
Jun 28	Jul 6	Jun 28	Jul 7	Jun 28	Jul 8
Sep 6	Sep 14	Sep 6	Sep 15	Sep 6	Sep 16
Sept 27	Oct 5	Sept 27	Oct 6	Sept 27	Oct 7
Oct 25	Nov 2	Oct 25	Nov 3	Oct 25	Nov 4
Nov 29	Dec 7	Nov 29	Dec 8	Nov 29	Dec 9

*** PLEASE BE AWARE (SCHEDULE MAY CHANGE DEPENDING ON DEPOT AND BOX NUMBERS).**